

Introduction to Palliative Care; Role of the Volunteer

1. Become acquainted with other members of the group
2. Understand the history and principles of Hospice & Palliative Care
3. Examine attitudes, beliefs and experiences around dying and death

Spiritual Care of the Dying & Their Families

1. Differentiate between spirituality and specific religious beliefs
2. Develop awareness of some spiritual issues surrounding dying and death
3. Explore ways to provide spiritual support to dying persons and their families

Communication in Palliative Care

1. Explore helpful ways to communicate with the terminally ill and their families
2. Identify roadblocks to effective communication
3. Explore use of self in communication

Cross-Cultural Considerations in Palliative Care

1. Understand that a person's culture will impact their attitudes about death
2. Understand the elements of cross-cultural communication
3. Assess cross-cultural factors in palliative care

Loss, Grief and Bereavement

1. Explore the concepts of loss, grief and bereavement
2. Develop an understanding of the grieving process and its manifestations
3. Explore ways to support grieving individuals and their families
4. Identify healthy ways to express their own grief in working with the terminally ill

Enhancing Quality of Life and End of Life Ethical Issues

1. Identify basic comfort measures appropriate to the care of the terminally ill
2. Identify volunteer roles in promoting comfort
3. Discuss Advance Care Planning
4. Discuss Ethical Issues at End of Life

Palliative Care from a Doctors Perspective

1. Understand the role of Palliative Care in the WRHA
2. Become familiar with the wide variety of responses to dying
3. Develop awareness of some common physiological and psychological changes that may occur as death approaches

Self-Reflection & Closing Ceremony

1. Do an overall review of the program and participate in self-reflection discussions
2. Participate in a special closing ceremony
3. Be presented with their Graduation Certificate by the PM staff
4. Participate in social time with other students

Palliative Manitoba Volunteer Orientation: Practical Skills for Supporting Grievers

1. Gain practical skills in supporting individuals who are grieving
2. Better understand how to keep a conversation on track
3. Gain a better understanding on maintaining boundaries
4. Gain skills around closing a conversation

Palliative Manitoba Volunteer Orientation

1. Gain a better understanding of Volunteer Policy & Procedures
2. Understand Risk Management, Client & Volunteer Safety
3. Understand the Importance of Report Writing
4. Understand Boundary Issues