

CROPO FUNERAL CHAPEL  
1442 MAIN STREET, WINNIPEG



Who am I Now?

7:00—8:00 pm - January 22, 2019

Healing Hearts

7:00—8:00 pm - February 12, 2019

Grief in the Workplace

7:00—8:00 pm - March 12, 2019

Alive in Memory

7:00—8:00 pm - April 16, 2019

Sharing Circle

7:00—8:00 pm - June 11, 2019

Coulda, Shoulda, Woulda

7:00—8:00 pm - July 9, 2019

Grief is...

7:00—8:00 pm - September 17, 2019

The Wounds Time Won't Heal

7:00—8:00 pm - October 8, 2019

Rituals

7:00—8:00 pm - November 5, 2019

Help for the Holidays

7:00—8:00 pm - December 3, 2019

GLEN EDEN FUNERAL HOME  
4477 MAIN STREET, WEST SAINT PAUL



Glen Eden

Funeral Home & Cemetery  
by Arbor Memorial

Grief- Suffering a Loss

12:00— 1:00 pm - June 4, 2019

Grief Doesn't Take a Vacation

12:00— 1:00 pm - August 20, 2019

What Now?

12:00 - 1:00 pm - October 29, 2019

It's Not Always a Happy Holiday

12:00— 1:00 pm - November 26, 2019

## CONTACT US

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CHAPEL LAWN FUNERAL HOME  
4000 PORTAGE AVENUE, WINNIPEG



Chapel Lawn

Funeral Home  
by Arbor Memorial

Self Care

12:00— 1:00 pm - January 8, 2019

Sentimental Objects & Your Journey on Grief

12:00— 1:00 pm - February 26, 2019

Grief Yoga

3:00—4:00 pm - April 9, 2019

Grief 101

12:00— 1:00 pm - May 14, 2019

Loss of a Spouse

10:00— 11:00 am - July 16, 2019

New Normal

10:00 - 11:00 am - August 13, 2019

Loss of a Child

12:00— 1:00 pm - September 24, 2019

Grief Yoga

3:00—4:00 pm - October 22, 2019

Managing Milestones

12:00— 1:00 pm - November 19, 2019

Preparing for the Holidays

12:00— 1:00 pm - December 10, 2019