THE HIDDEN FACES OF PALLIATIVE CARE

26th Annual Provincial Palliative Care Conference

September 14 & 15, 2017
Victoria Inn Hotel and Conference Centre
1808 Wellington Avenue
Winnipeg, Manitoba

Supporter Sponsors:

St. Boniface Hospital
Manitoba Hydro

Palliative Manitoba
204-889-8525 ext. 228
Toll Free: 1-800-539-0295
info@palliativemanitoba.ca

www.palliativemanitoba.ca
Conference Objectives

- Advance the knowledge and skills of people working in the field of palliative care
- Advance the delivery of palliative care in Manitoba by advocating for increased awareness, navigation of system, and utilization of available services
- Provide a networking opportunity for people interested in the field of palliative care
- Provide an opportunity for informal caregivers to learn more about palliative care and to meet those who work in this area.

Continuing Education Credits

This program is pending certification by the College of Family Physicians of Canada and the Manitoba office for up to 9.00 Group Learning Credits.

This program is pending designation as an accredited learning activity by the College of Pharmacists of Manitoba for pharmacists in Manitoba for up to 9.00 CEU.

Sponsor/ Exhibitor

We rely on the generous support of companies in order to host the Annual Palliative Care Conference. We invite you to join us as a sponsor or exhibitor, levels include:

- CONFERENCE SPONSOR $5,000.00
- LUNCH SPONSOR $3,000.00
- SUPPORTER SPONSOR $2,000.00
- ART SHOW SPONSOR $1,850.00
- EXHIBITOR
  - Commercial rate $625.00
  - Non-profit rate $200.00
  - Electrical $65.00
- ADVERTISING IN THE SYLLABUS
  - Full Page $300.00
  - Half Page $180.00
  - Quarter Page $100.00

For a complete sponsorship package, please visit our website at palliativemanitoba.ca or contact Tiana Pretula, Program Services Coordinator at 204-889-8525 ext. 228 or Tpretula@palliativemanitoba.ca
Program at a Glance

Tentative and Subject to Change

Thursday, September 14, 2017

7:30 a.m.  Registration | Morning Snack | Networking | Exhibits
8:30 a.m.  Opening Remarks
9:00 a.m.  **Keynote Address: Barbara Pesut**
            The Hidden Faces in Rural Palliative Care: Prescriptions for a Myopic Approach
10:00 a.m. Beverage Break | Networking | Exhibits
10:30 a.m. **Concurrent Session 1 (60 minutes)**
11:30 a.m. **Concurrent Session 2 (60 minutes)**
12:30 p.m. Lunch | Networking | Exhibits
1:30 p.m.  **MAID (Medical Assistance in Dying) and its Interface with Palliative Care**
2:30 p.m.  Beverage Break | Networking | Exhibits
2:45 p.m.  **Short Snappers from 4 Colleges**
5:30 p.m.  Palliative Manitoba Annual General Meeting

Friday, September 15, 2017

7:30 a.m.  Registration | Morning Snack | Networking | Exhibits
8:00 a.m.  Opening Remarks
8:30 a.m.  **Keynote Address: Dr. Naheed Dosani**
            Topic coming soon...
9:30 a.m.  Beverage Break | Networking | Exhibits
10:00 a.m. **Concurrent Session 3 (60 minutes)**
11:15 a.m. **Concurrent Session 4 (60 minutes)**
12:15 p.m. Lunch | Networking | Exhibits
1:00 p.m.  Presentation of Sharon Carstairs Caring Community Award
1:15 p.m.  **Concurrent Session 5 (60 minutes)**
2:15 p.m.  Beverage Break | Networking | Exhibits
2:30 p.m.  **Concurrent Session 6 (60 minutes)**
3:30 p.m.  **Closing Keynote Address: Elder Gerry Oleman**
            Topic coming soon...
Keynote Speakers

Thursday, September 14, 2017—9:00 a.m.

The Hidden Faces in Rural Palliative Care: Prescriptions for a Myopic Approach
Dr. Barbara Pesut  PhD, RN
Canada Research Chair, Health, Ethics and Diversity
Associate Professor, School of Nursing
University of British Columbia

Friday, September 15, 2017 - 8:30 a.m.

Reframing the Social Determinants of Health: Towards Palliative Care Equity in our Communities
Dr. Naheed Dosani, MD, CCFP(PC), BSc
Palliative Care Physician, Division of Supportive & Palliative Care, William Osler Health System
Project Lead & Palliative Care Physician, Palliative Education And Care for the Homeless [PEACH], Inner City Health Associates
Family Physician, FCJ Refugee Centre, Inner City Health Associates
Palliative Care Regional Medical Lead, Central West LHIN, Central West CCAC
Lecturer, Division of Palliative Care, Department of Family & Community Medicine, University of Toronto
Assistant Clinical Professor, Division of Palliative Care, Faculty of Health Sciences, McMaster University

Friday, September 17, 2017 - 3:30 p.m.

An Indigenous Perspective on Life and After Life
Elder Gerry Oleman
St’at’imc Nation from Tsal’alh (Shalalth B.C.).

Additional Features of the 2017 Conference

Reflection Room and Art Show
Open during the Conference and Reception
A quiet space to contemplate images created to reflect the experience of grief and hope during times of illness and loss.

Palliative Manitoba Annual General Meeting

Thursday, September 14, 2017 5:30 - 6:30 p.m.
Victoria Inn - 1808 Wellington Avenue, Winnipeg, Manitoba
Members of Palliative Manitoba require voting cards which will be available at the door.
Concurrent Session 1

A1  What Have You Got in Your Closet? Making the Most of the Medications You Have
    Gregory Harochaw  
    Pharmacy Manager, Tache Pharmacy

This session will discuss some of the ways we can prepare for expected and less expected problems and will also highlight some ways that ingenuity and sticktoitiveness have helped solve some challenging aspects of care.

B1  Are you Sure? An Exploration of Competence and Capacity in Health Decisions
    Jennifer Dunsford RN, MN  
    Regional Director of Ethics Services, Winnipeg Regional Health Authority; Co-Chair, Manitoba Provincial Health Ethics Network

An exploration of the concepts of competence and capacity in ethical decision-making.

C1  The Interactions of Health Care Aides with Individuals with Dementia
    Lynda Wolf, B.OT, B.A., MSc O.T. (Professional), PhD Candidate, 
    Faculty of Health Sciences, University of Manitoba

When health care aides perceive residents with dementia as respected persons and as care recipients with challenging behaviors, they begin to implement communication enhancement strategies which enable them to modify their care-giving activities to meet the individual needs of each resident.

D1  Exploring the Archives of the Heart
    Retired teacher, pastor, college president and professor

This presentation will focus on the expanding curriculum of the inner life that belongs to seniorhood. What are seniors busy with when they are no longer busy? What is a helpful vocabulary and approach for caregivers and family members as they relate to and serve the elderly, particularly as they near the end of life?
Concurrent Session 2

A2  Managing Methadone as a Community Care Team
Dr. Garnet Crawford, ARCT, BHSc, MD, FRCPC; WRHA Palliative Care Program, University of Manitoba (Faculty of Medicine)
Michelle Churchill, RN; Palliative Care Community Nurse, WRHA Palliative Care Program
This presentation will attempt to review the management of non-hospitalized patients already on methadone and provide a basic understanding of the drug and its complexities.

B2  The Sharing Circle: Connecting Stories to Care Delivery for Culturally Inclusive End-of-Life Care
Gerry Oleman, Elder, St’at’imc Nation from Tsal’alh
Kali Leary, BSc, MBT, CancerCare Manitoba
Glen Horst, MDiv, DMin, BA, Canadian Virtual Hospice
Shahina Siddiqui, BA Islamic Social Services Association
An Indigenous sharing circle will connect participants with people from various cultures to explore the concept and practice of providing culturally safe care.

C2  Community Health Care Aides and their Experiences of Support as they Provide Care to those at the End-of-life
Florence Misurka RN, MN, BA, CHPC©
Clinical Resource Nurse, Winnipeg Regional Health Authority
This presentation is a summary of an Interpretive Descriptive qualitative study undertaken to identify the experiences of community health care aides that provide end-of-life care.

D2  Navigation Partnerships: Optimizing Volunteer Contributions for Early Palliative Care in Rural Areas
Barbara Pesut, PhD, RN
Associate Professor, School of Nursing, University of British Columbia—Okanagan Campus
Canada Research Chair (Tier 2) - Health Ethics and Diversity
Participants will learn about NCARE, a service where trained volunteers provide early palliative support for adults living with advancing chronic illnesses. Building on a compassionate community approach, these volunteers focus on improving quality of life by supporting connections and engagement with the community.
Thursday, September 14, 2017
For Everyone

1:30 to 2:30 p.m.— MAID (Medical Assistance in Dying) and its Interface with Palliative Care
Megan McLeod, MSW

Multi-disciplinary team members will describe the who, what, where, when, how and why of medical assistance in dying in Manitoba. Video, PowerPoint, and facilitated discussions will provide participants with opportunities to reflect on personal beliefs, professional practice and strategies for building resilience in the face of emotionally challenging work.

2:45 to 3:45 p.m. — College Short Snappers
Representatives from the Manitoba College of Social Workers, The College of Pharmacists of Manitoba, College of Registered Nurses of Manitoba, and the College of Physicians and Surgeons will share information on the duties and obligations of their respective professions related to MAID.

5:30 to 6:30 p.m. — Palliative Manitoba Annual General Meeting
Friday, September 15, 2017
10:00 - 11:00 a.m.

Concurrent Session 3

A3  Sedation for Palliative Purpose: A New Clinical Practice Guideline
Janice Nesbitt, RN, MN, CHPCN(C); WRHA Palliative Care Program
Dr. Mike Harlos, MD, CCFP(PC), FRCP; Professor and Palliative Medicine Section Head, Max Rady College of Medicine, Univ. of Manitoba Medical Director, Adult and Pediatric Palliative Care Program, WHRA, Associate Professor University of Manitoba
A new clinical practice guideline about sedation for palliative purposes will be discussed. Indications, approaches to care, assessment, monitoring and documentation will be reviewed.

B3  Covering our Loved Ones: Healing the Impacts of Grief & Loss
Gerry Oleman, Elder, St’at’imc Nation from Ts’al’alh
This presentation will examine the impacts of grief and loss on the individual as well as the family and friends. And develop an understanding of the different impacts that grief and loss have.

C3  Cognitive and Psychosocial Aspects of Caring for Individuals with ALS
Tamara Wells, RN, MN, IIWCC, CHPCN (C); WRHA Palliative Care Program
This presentation will review the literature on cognitive change and fronto-temporal dementia in the diagnosis of ALS to increase caregiver’s understanding of the impacts of this aspect of the disease and how it can relate to decision making. For health care providers it is hoped to emphasize the importance of early conversations and team work to support those living with ALS.

D3  Train the Trainer: Phase 2 of Palliative Manitoba’s Rural Bereavement Education Project
Mike Goldberg, MA(Gerontology), BA(Psychology); Palliative Manitoba
Ellen Jacobs, Palliative Manitoba Volunteer
A follow-up discussion about the grief and bereavement support deficits in Rural Manitoban communities and the pilot workshops that Palliative Manitoba has implemented in response.
Concurrent Session 4

A4 Eating at the End of Life: Managing Appetite in Palliative Care

Dr. Stephanie Muir, Palliative Care Fellow, University of Manitoba

Loss of appetite is a common complaint at the end of life. Learn about the psychosocial impact of anorexia, and how to manage this bothersome symptom.

B4 The Sharing Circle: Connecting Stories to Care Delivery for Culturally Inclusive End-of-Life Care

Gerry Oleman, Elder, St’a:’imc Nation from Ts’al’alh
Kali Leary, BSc, MBT, CancerCare Manitoba
Glen Horst, MDiv, DMin, BA, Canadian Virtual Hospice
Shahina Siddiqui, BA Islamic Social Services Association

An Indigenous sharing circle will connect participants with people from various cultures to explore the concept and practice of providing culturally safe care.

C4 Delirium: Experiences of Family Caregivers and Guidance for Clinicians

Karen Schnell-Hoehn RN, MN, CCn ©; Clinical Nurse Specialist, Palliative Care Program
Dr. Robin McClure, Palliative Care Physician, WRHA, Palliative Care Program

Delirium at end of life contributes to distress among patients and families. This presentation will discuss the experiences of family caregivers and available resources.

D4 Pet Visitation: Not so Hidden Faces of Palliative Care

Vince Cerasani, Palliative Manitoba and RHC Volunteer; Board Member RHC

Presentation will focus on how pet visitation can contribute to a positive end of life experience for patients and their family members. Will provide suggestions on how to advocate and access pet visitation for your organization.
Concurrent Session 5

A5  Fifty Shades of Grey
Dr. Donna Clark, M.D., CCFP-EM, CCFP-PC; University of Manitoba

This session will engage the audience in a discussion of the issues surrounding patients when they voluntarily stop eating and drinking because of a desire for a hastened death.

B5  Are you Sure? An Exploration of Competence and Capacity in Health Decisions
Jennifer Dunsford, RN, MN; Winnipeg Regional Health Authority

An exploration of the concepts of competence and capacity in ethical decision-making.

C5  Pediatric Palliative Care in Manitoba: Reviewing the First 10 years and Looking Forward
Simone Stenekes, RN, MN, CHPCN; Pediatric Palliative Care Service - WRHA Palliative Care Program
Dr. Mike Harlos, MD, CCFP(PC), FRCP; Professor and Palliative Medicine Section Head, Max Rady College of Medicine, Univ. of Manitoba Medical Director, Adult and Pediatric Palliative Care Program, WHRA, Associate Professor University of Manitoba

An overview of the first 10 years of the Pediatric Palliative Care Program in Winnipeg, including information related to program development, research and education initiatives.

D5  Living & Dying on the Streets: Supporting the Palliative Care Needs of the Homeless & Vulnerably Housed
Naheed Dosani, MD, CCFP (PC), BSc

This workshop describe the unique palliative trajectories of homeless & vulnerably housed populations, review innovations in the delivery of palliative care to such populations and give attendees an opportunity to work together to discuss local challenges.
Concurrent Session 6

A6 Palliative Care in a Remote Indigenous Community: Past, Present, & Future
Nadin Gilroy, M.D.; CCFP, B.Sc; J.A. Hildes Northern Medical Unit, University of Manitoba
Margaret McGregor, B.N.; Norway House Hospital, Health Canada
Carlynn Halcrow, R.N.; Norway House Hospital, Health Canada

A unique, first-hand account from Indigenous community, Kinosao Sipi (Norway House), about the opportunities and challenges of providing palliative and end of life care in a northern remote setting.

B6 The Use of the Arts in Palliative Care Education
Debra Lynn Dusome, RN, Ex. AT, MA; Brandon University—Winnipeg Campus
Jaqueline Saurette, BScPN Student, Spiritual Health Specialist; Brandon University
Anita Kroeker, BScPN Student, Brandon University
Brittany Read, BScPN Student, Brandon University

This presentation will focus on how the arts can be used to teach major concepts in palliative care education. Students will present on their “Palliative Care Learning Journey.”

C6 Living with a Malignant Wound: Beyond the Dressing
Tamara Wells, RN, MN, IIWCC, CHPCN (C); WRHA Palliative Care Program

This presentation will move beyond what many consider as the basis of wound care, the dressing selection, and bring into consideration the many patient and caregiver factors that living with a malignant wound can bring forth. We will review aspects of the psychosocial considerations for care and how they can be integrated into the care planning process for patients, caregivers and health care providers. The use of case studies will be used to enhance the sharing of research and literature in this area.

D6 The Challenge of the Dying Person with Mental Health Issues
Dr. Barry Campbell

Mental health issues are common and often an area of great discomfort for health care providers due to lack of competence and familiarity with the needs of this population. In this session there will be an overview of the difference between psychotic illnesses, mood disorders, anxiety disorders, dementia and challenging behaviours. We will review the utility of the concept “theory of mind” and discuss issues of countertransference.
NOMINATE YOUR COMMUNITY FOR THE
Sharon Carstairs Caring Community Award

Deadline for application Thursday, July 20, 2017

Purpose: To recognize and support exemplary leadership by a community or a community organization in providing or improving hospice and palliative care service in Manitoba.

Criteria: Must be a community or community organization based in Manitoba that meets the following:

The specific project:
- Identifies a project that the organization wishes to pursue in the community.
- Outlines the planned use of the Sharon Carstairs Caring Community Award (financial award intended or a specific purpose beyond general operational funds).
- Identifies plans or on-going efforts to solicit matching funds if appropriate.
- Demonstrates current impact on the community (e.g. the number of clients/families served in community or facility, the number of staff/volunteers educated and involved (direct care, fundraising, or otherwise).
- Demonstrates community engagement and creative use of resources.

The Award: The successful applicant will receive a certificate and a cheque for $1,500.00 (one thousand, five hundred dollars). The award will be presented at the Palliative Manitoba Provincial Conference on Friday, September 15, 2017 at 1:00 pm. The Award will be given to only one community or organization each year and not to the same group in consecutive years. Past winners are eligible to re-apply after two (2) years.

Requirements:
- Completed application form signed by the applicant must be received or post marked by Palliative Manitoba no later than Thursday, July 20, 2017.
- At least two letters of support by people not directly involved in the project.
- The successful applicant allows his/her name and the name of the organization/group to be used in Palliative Manitoba promotional materials.

For more information or to receive an application form contact:
Tiana Pretula
Program Services Coordinator
Palliative Manitoba
2109 Portage Avenue, Winnipeg, MB R3J 0L3
T: (204) 889-8525 ext. 228 F: (204) 888-8874
Tpretula@palliativemanitoba.ca

Visit our website at: palliativemanitoba.ca

The successful applicant will be notified by Palliative Manitoba on or before September 1, 2017.
**Conference Steering Committee**

**Kali Leary**, Co-Chair (2015/2016)
Director, First Nations, Metis & Inuit Cancer Control
Cancer Care Manitoba

**Mike Harlos**, Co-Chair (2017)
Medical Director,
WRHA Palliative Care Program

**Brenda Hearson**, Member-at-large
Volunteer Palliative Manitoba

**Mark Shepherd**, RN, BScN
Provincial Palliative Care Specialist

**Simone Stenekes**, Program Committee Co-Chair
Palliative Care Clinical Nurse Specialist
Winnipeg Regional Health Authority

**Dr. Cornelius Woelk**, Program Committee Co-Chair
Dr. C.W. Wiebe Medical Centre

**Greg Connor**, CPA, CMA
Specific Purpose Account Coordinator

**Lori Embleton**, Member-at-large
WRHA Palliative Care Program

**Jennifer Gurke**, Staff
Executive Director
Palliative Manitoba

**Tiana Pretula**, Staff
Program Services Coordinator
Palliative Manitoba

**Gillian Potvin**
Conference Coordinator
Hatch Communications

**Conference Program Committee**

**Cornelius Woelk**, MD, CCFP, FCFP - Co-Chair
Dr. C.W. Wiebe Medical Centre

**Simone Stenekes**, RN, MN, CHPCN(C) - Co-Chair
Palliative Care Clinical Nurse Specialist
Winnipeg Regional Health Authority

**Mike Harlos**, Co-Chair (2017)
Medical Director,
WRHA Palliative Care Program

**Kali Leary**, BSc, MBT
Steering Committee Co-Chair
Director, First Nations, Metis & Inuit Cancer Control
Cancer Care Manitoba

**Brenda Hearson**, Member-at-large
Volunteer Palliative Manitoba

**Garnet Crawford**, MD, CCFP
Winnipeg Regional Health Authority

**Kenzie Nemez**, BSc (Pharm)
Tache Pharmacy

**Mark Shepherd**, RN, BScN
Provincial Palliative Care Specialist

**Elizabeth Payne**, MSW, RSW
Psychosocial Oncology
Cancer Care Manitoba

**Jennifer Gurke**, Staff
Executive Director
Palliative Manitoba

**Tiana Pretula**, Staff
Program Services Coordinator
Palliative Manitoba

**Gillian Potvin**
Conference Coordinator
Hatch Communications
Other Important Information

Accommodations
A limited number of rooms are available at the Victoria Inn, located near the Winnipeg James Richardson International Airport. Rooms are available at the conference rate of $129 + taxes per night for single occupancy. Please call the hotel under conference # 772260 to make your arrangements. Amenities include a water park and fitness center.

Victoria Inn Hotel and Convention Centre, 1808 Wellington Avenue Winnipeg, Manitoba R3H 0G3
Toll Free: 1-877-842-4667  Phone: 204-786-4801  Fax: 204-786-1329  Website: www.vicinn.com

Parking
The Victoria Inn has ample free parking and is wheelchair accessible. Please park in the lot off of Berry Street and proceed to the main Convention Centre entrance.

Endorsement
Inclusion of sessions on complementary, healing or alternate therapies in the Conference program does not in any way imply endorsement by Palliative Manitoba.

Exhibits
Our commercial and educational exhibitors will be available throughout the Conference to share information on the latest products, services and resources. Great opportunities to meet and network!

Funding
Many communities have community foundations (such as The Winnipeg Foundation) that distribute money to assist with educational costs, such as attending this Conference. As well, some employers will cost-share approved educational events with their employees. Please check with your local foundation or your employer for more information.

Internet Access
Free Wi-Fi access via MTS or Shaw for all Conference delegates.

Privacy Policy
Palliative Manitoba respects your privacy and treats all personal information with care. We do not rent, sell or trade your information. We use information to provide services and keep you informed of future activities, including special education or fundraising events, and opportunities to donate or volunteer.

Registration
Detailed registration rates are on the registration form on page 15.
- Registration includes light breakfasts, beverage breaks, lunches, syllabus, and art show.
- Requests for refunds, subject to a $40.00 processing fee, must be made in person or in writing and received before August 31, 2017. No refunds will be made after August 31, 2017. Substitutes may be accepted with prior notice.

Environment
To be sensitive to people who have severe allergies to scents, we ask that you not wear scented products to the Conference. Thank you.

It can be difficult to regulate the temperature in a large conference area. The rooms tend to be cool; please bring a sweater or shawl if this is a concern for you.
# REGISTRATION FORM

## Please Print

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## Please indicate your role in palliative care:

- [ ] Health Care Aide
- [ ] Social Worker
- [ ] Elder
- [ ] Administrator
- [ ] Nurse
- [ ] Pharmacist
- [ ] Caregiver
- [ ] Spiritual Care Provider
- [ ] Physician
- [ ] Funeral Director
- [ ] Volunteer
- [ ] Other ___________________

## Concurrent Session Registration:

Space may be limited; please make a **second choice** for each session.

All sessions are 60 minutes.

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<tr>
<th>Session 1</th>
<th>Thursday, September 14 - 10:30 a.m.</th>
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## Dietary requirements:

- [ ] Gluten-Free
- [ ] Vegan
- [ ] Allergic to: ________________________________________________________

## Payment:

Must accompany registration form

Total amount enclosed $ ________  □ Visa  □ MasterCard  □ Cheque attached

(See page 16 for registration fees.)

(Payable to Palliative Manitoba)

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Conference Fees

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<td>1-day regular registration (Thursday or Friday)</td>
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<td>2-day regular registration</td>
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<td>Early 2-day registration discounted fee (For payments received on or before August 11, 2017)</td>
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*Maximum two delegates per Palliative Manitoba Association member, as authorized by member contact.

**Rates for full-time students only. Proof of full-time student status is required with registration form.

***Letter from a Regional/Volunteer Coordinator verifying 24 hours of volunteer service in palliative care over the last 12 months is required with registration form.

Full payment must accompany your registration form. Registrations will not be processed until payment is received.

Your receipt will be available for pick-up at the Conference at the Registration Desk.

Refund Policy

Requests for refunds, subject to a $40.00 processing fee, must be made in person or in writing and received prior to August 31, 2017.

No refunds will be made after August 31, 2017.

Substitutes may be accepted with prior notice.

Registration Checklist

Please consider before you send your registration:

- Name and contact details completed
- Special dietary needs indicated, if applicable
- Indicate first and second choices for concurrent sessions
- Cheque attached or credit card details completed
- Student/ Volunteer verification included, if applicable.

Please mail or fax registration to:

Palliative Manitoba, 2109 Portage Avenue, Winnipeg, MB R3J 0L3  Fax: 204-888-8874

For more information contact:

Tiana Pretula  Phone: 204-889-8525 ext. 228  E-mail: Tpretula@palliativemanitoba.ca
Program Services Coordinator  Toll-free: 1-800-539-0295