



palⁱative manitoba

2015/16 Annual Report

Helping you live today.



about us Palliative Manitoba is a registered charity that is keenly focused on improving living until the end of life.

Our programs and services are aimed at supporting individuals and their families in many different ways; first as a resource when they are learning about palliative care, next as they move through their palliative journey to their loved ones final days and final hours. Our support for adults and children continues through the grief process, during telephone conversations, support groups, in grief seminars and via monthly bereavement messages.

Our educational services include training for volunteers, support workers, health care aides and the general public. Palliative Manitoba also expanded our education component to rural communities by offering sessions on bereavement support.

Serving as a vital resource for individuals, families and caregivers, Palliative Manitoba provides programs, services, education and information in an effort to lessen the inevitable stress during life's final journey. Palliative Manitoba partners with like-minded agencies and health care providers throughout the province, and speaks on behalf of the palliative care community and its stakeholders.

While our main goal is to improve life until its end, Palliative Manitoba also aims to enhance the profile and understanding of palliative care in the province. We identify gaps in knowledge and services and set out to fill them.

mission statement To promote effective, compassionate care for all Manitobans touched by any life-threatening condition, or bereavement, and to provide services and education that are complementary to the formal health care system.

vision statement The vision of Palliative Manitoba is that all Manitobans experiencing a life-threatening condition live well until the end of life, and that those around them are cared for in the process.

Approved by the Board of Directors – October 2010



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message from the acting executive director

At Palliative Manitoba we are constantly reminded how precious life is. Our goal, as evidenced by our tag line, is 'Helping You Live Today'. As our staff and volunteers work diligently every day to achieve that goal, we celebrate the difference that can be made in someone's life by offering a gentle listening ear at a time when it is very much needed.

We are inspired every day by those who give their time to support individuals at end of life, or those who are grieving. Working alongside our incredible volunteers and other members of the palliative care community motivates our team and they inspire us to be the best we can be. I know that I speak for the staff when I say we feel lucky to work in a community of people who are so dedicated to helping others. I challenge each and every one of you to take a moment to walk in the shoes of someone who is dealing with a life-threatening illness and ask yourself 'what would I want someone to say or do for me or for my family during this time'? Palliative Manitoba enables individuals in the community to feel less isolated and we know from research that being connected to people can help us to overcome our feelings of sadness and loss. As Dame Cecily Sanders said 'You matter because you are, and you matter until the end of your life'.

A great deal of attention has been brought to the topic of palliative and end-of-life care by the media during the past year. We recognize that palliative care is not an option that is available to all Canadians and that is something that we hope will begin to change as we continue to encourage people to have conversations around their tables about death and dying. The more we talk about our hopes, wishes, and fears and concerns the better.

I encourage you to read our Annual Report to learn more about some of the wonderful work we have been able to accomplish this past year. We cannot do this work alone and we hope that you will continue to support us with your generosity so that we are able to continue to provide quality programs, services and education to those in need. We encourage you to follow us on social media and visit our website palliativemanitoba.ca to learn more.

Together we have, and will continue to make a difference in our community.

Kelly Kluger
Acting Executive Director
Palliative Manitoba

List of Staff Members as of March 31, 2016:

Kelly Kluger, Acting Executive Director
Stephanie Bevacqua, Programs and Services Coordinator
Jackie Bouvier, Conference Coordinator
Leila Dance, Fundraising Coordinator
Mike Goldberg, Community Outreach Coordinator
Murray Botterill, Finance Coordinator
Ellen Jacobs, Project Manager (Rural)



message from the board of directors

The vision of Palliative Manitoba is one of comfort, dignity, and quality for the individual and one of support and encouragement for family members and caregivers. Our organization focuses on services and support; and on communities, and connections. We talk about living life to the fullest until its very end. We are changing the focus about death and dying.

“Helping you live today” is what the board, staff and volunteers of Palliative Manitoba aspire to. This is only possible when a group of dedicated staff, passionate and committed volunteers, like minded partners, and engaged communities come together to make this aspiration a reality. As we reflect upon the past year, we recognize the efforts of so many.

Volunteers are the heart of our organization. Whether it is providing end of life support to families, bereavement services, helping with our fundraising activities or assisting with administrative duties in our office, the contributions by our volunteers are immeasurable. The Board of Directors thanks them for their commitment and service.

As you read through this annual report and note the accomplishments of the past year, know that it has been the dedication, leadership and innovation of our staff that have led the way. This past year saw the retirement of our Executive Director, Judy Knight. Judy exhibited commitment, passion, organizational and leadership skills as she navigated many positive changes to the organization, including a revitalized “brand”. We wish her well in her retirement. Kelly Kluger has taken the helm of Palliative Manitoba as Acting Executive Director; this has allowed the good work of the organization to continue. Kelly and a group of creative, committed and energetic staff have accomplished much over this past year as you can see when you leaf through the pages of this report. Delivering quality programs and services, raising funds, advancing educational opportunities, recruiting and supporting volunteers, strengthening community partnerships, as well as fostering new community relationships are how our staff work towards Palliative Manitoba’s vision.

Not for profits cannot flourish without the collaboration and involvement of the community. Our core funders, United Way of Winnipeg, and the Winnipeg Regional Health Authority have been reliable funders for us throughout the years. We value their partnership, and look forward to an ongoing relationship based on mutual respect, trust, and a common vision about palliative and end of life care.

Other partners include Manitoba businesses and industry, regional health authorities, foundations, other not for profits and community associations, and individual community members. The support and engagement of volunteers, staff, funders, and the community contribute to Palliative Manitoba delivering on its vision of comfort, dignity, and quality for the individual and one of support and encouragement for family members and caregivers. Together we are changing the focus about death and dying.

From the Board of Directors
Palliative Manitoba

List of Board Members as of March 31, 2016:

Robert Brennan, Treasurer
Shelly Cory
Avis Gray
Kim Grant
Wab Kinew
Melanie MacKinnon
Cornie Woelk



programs and services

telephone bereavement program Palliative Manitoba offers one-to-one telephone support by trained bereavement volunteers for individuals grieving the death of their loved one. The Program offers a safe anonymous environment to grieving individuals where they can speak freely about their feelings. Each individual can expect to receive a weekly call from a trained bereavement volunteer once a match has been made.

Palliative Manitoba received 220 referrals to this program, which converted to 693 volunteer hours during the 2015/16 year.

support groups Palliative Manitoba has partnered with local community organizations to offer a wide range of grief support groups. For those who require additional services we provide an up-to-date list of support groups in Manitoba on our website.

monthly bereavement message At the beginning of each month, Palliative Manitoba sends bereavement messages, by request, that offer information and support to individuals grieving the death of their loved one. As of March 31, 134 people were receiving our messages. As this is a year round program, people join or leave the program on a continuous basis.

consultation and advisory services Palliative Manitoba responds to callers seeking information, educational materials or accessing palliative care support programs. We connect those callers to the resources they need by sharing practical information about supports and services offered by other agencies.

final days/final hours Palliative Manitoba understands that without support from family and friends, facing one's last days can be very lonely. Recognizing the needs of people without families, those whose families are at a distance, or whose caregivers need respite, Palliative Manitoba hosts a Final Days, Final Hours program. Sixteen calls for Final Days/ Final Hours were received in the first few months of this year, all of which were met contributing to another 50 hours of service. A Faculty of Social Work student with a particular interest in this area reviewed this program as part of her field placement in the fall of 2015.



grief seminars

Palliative Manitoba offers regular grief seminars hosted by Chapel Lawn Funeral Home and Cropo Funeral Chapel. Along with the guest speaker, staff and experienced bereavement volunteers are available at all grief seminars to provide supplementary support.

- Self-Care – April 8, 2015
- People Just Don't Understand – May 12, 2015
- Music In Grief – May 13, 2015
- Finding Your Way Through Grief – June 10, 2015
- Anniversaries and Milestones – July 21, 2015
- Am I Going Crazy? – September 9, 2015
- Dealing With Regrets – September 22, 2015
- People Just Don't Understand – October 14, 2015
- Coping During the Holidays – December 8, 2015
- Coping Skills – January 13, 2016
- Sharing Circle – February 10, 2016
- The Importance of Memories – February 23, 2016
- Resources that can Help – March 9, 2016

In 2015/16, 278 people attended the 13 seminars and received support from 52 volunteers. This translates to 104 hours of volunteer service.





support for grieving children Palliative Manitoba understands that every child feels the effect of the loss of a loved one in a different way. We recognize the need to make grief support services available to young people, helping them cope with loss, and providing tools to deal with future emotions. Palliative Manitoba also understands the importance of using honest, appropriate and accurate language when speaking to children about grief.

kids grieve too (ages 9-12) Kids Grieve Too is designed to recognize physical, psychosocial, spiritual and cultural aspects of the bereavement journey of children. This program ran from October to November, 2015 and included 7 children and 5 parents/caregivers.

teens grieve too (ages 13-17) The Teens Grieve Too program helps combat the isolation a teenager may feel after a death and offer a peer group where they can meet and engage with others. This program ran from February to March, 2016 at the St. Boniface Public Library and included 16 teens.

Testimonials:

“The people that have shared their stories with me I admire and am very thankful to share my stories about Brandi with this wonderful group of people. I am going to miss coming here so much. Thanks you very much for this opportunity.”
– Wendy, Teens Grieve Too participant

“Found it helpful to share my experience and hear those of others. I gained some valuable insights from attending the group.” – Anonymous, Teens Grieve Too participant





memory tree

Each year Palliative Manitoba hosts a “Day of Caring”, with The United Way and Manitoba Hydro who collaborate to install the Memory Tree at St. Vital Centre. The tree gives individuals the opportunity to place memorial cards, graciously donated by Desjardins Funeral Chapel, in memory of someone who has died. This year Wilma Derksen hung the first card at our opening ceremony, after sharing her story of coping with the grief following the abduction and death of her daughter, Candace. College Jeanne Sauvé Choir, who have supported the opening for several years, sang a beautiful array of songs.

The 2015 Memory Tree was open from November 26 until December 24 and was made possible with the help of 143 volunteers, completing 724 hours of service. This year 1874 visitors placed 1776 cards on the tree, 380 of which were children’s cards.



Wilma Derksen

volunteer visiting service

Palliative Manitoba’s Volunteer Visiting Service provides individuals who are living with a life-threatening illness with companionship. This service gives much needed support for families during end-of-life care. The two types of Volunteer Visiting offered are in the community and in palliative care units. In 2015/16, Palliative Manitoba volunteers spend 1042 hours as companions.



education/outreach

compassionate care course for volunteers and the general public

The Compassionate Care Course is an eight-week course offered twice yearly by Palliative Manitoba. Although it originated solely as a training course for Palliative Manitoba volunteers, other organizations began using it in 1990 as a training vehicle. It is also open to the general public as a self-interest course when spaces are available.

Palliative Manitoba is fortunate to have trained and worked with many amazing volunteers over the years. Our success is based on their efforts and dedication. Our programs and services rely heavily on the volunteers who support these initiatives – people who are motivated to provide life’s greatest kindness, even when it is difficult to do so. The Compassionate Care Course is the first step to volunteering

During fall of 2015, 23 students attended the Compassionate Care Course with 6 from this group becoming regular volunteers with Palliative Manitoba. During spring of 2016, 22 students attended the course with 11 becoming active volunteers. The course also provides training for volunteers from other community agencies and the general public. This encourages partnerships and collaboration with other community agencies allowing us to work together on other projects as well.

Testimonials:

“I enjoy the interaction in small groups.”

“I learned ways to comfort people who are living with terminal illness.”

“I have a better appreciation for both the art and the skill of listening.”

“I realize the importance of being an accepting presence”

“I am more comfortable talking about death...and about life.”



Compassionate Care Course Outline (8-weeks)

1. Introduction to Hospice and Palliative Care
2. Cross-Cultural Considerations in Palliative Care
3. Communication in Palliative Care
4. Enhancing Quality of Life and End-of-Life Ethical Issues
5. Loss, Grief, and Bereavement
6. Spiritual Care of the Dying and Their Families
7. Palliative Care from a Doctor's Perspective
8. Self-Reflection & Closing Ceremony

customized compassionate care course for health care aides

In collaboration with the Winnipeg Regional Health Authority (WRHA), Palliative Manitoba provides training to health care aides. Modelled after our Compassionate Care Course for Volunteers, this course teaches those who provide direct patient care, the essentials of palliative care, emphasizing how to assist clients and their families when death is near or has recently occurred.

Fall 2015 – 13 students
March 3 - 21, 2016 – 19 students

for support workers

In partnership with Winnserv and Cropo Funeral Chapel, Palliative Manitoba provides training to direct support workers. This condensed four-week training is available to workers assisting individuals with intellectual disabilities. This course is designed to educate direct support workers, in the assisted living setting, about the essentials of palliative care for those approaching end of life or who are bereaved.

November 3 – 17, 2015 – 18 students

for first nations communities

Palliative Manitoba offers a customized Compassionate Care Course upon request by Manitoba First Nations Communities. Modeled after our Compassionate Care Course for Volunteers, this two-and-a-half-day workshop is customized to fit the needs of the individual community. Participants are given the opportunity to share stories and experiences around death and dying as they relate to their own community.

Mathias Colomb First Nation Health Authority – 5 students
June 3, 4 and 5, 2015



24th annual provincial palliative care conference

Family: Ripple Effects of Illness and Death
September 17 and 18, 2015
Victoria Inn Hotel and Convention Center

Attended by 340 people, Keynote speakers Andrea Warnick (When Illness and Death Touch Children's Lives), Dr. Brenda Sabo (Is Secondary Trauma a Consequence of Care Work with Palliative End-of-life Care?) and Wab Kinew (Giiwegwaadizid: Reflections on the end of life by a First Nations man) provided a memorable learning experience for those in attendance. Delegates also had the opportunity to gain knowledge from 26 concurrent sessions.

The public event was an engaging evening with a reading of the play, *The Uninvited Guest*, by Stefanie Wiens. The play explored the relationship between a mother and daughter, the impact of the mother's cancer diagnosis, and their interactions with the healthcare system. Among other subjects the play examined navigating an adult relationship with a parent, the effect of professional boundaries, attitudes towards death, and the definition of family.

An art show, curated by artist and palliative care nurse Naomi Gerrard, provided a quiet place for attendees to contemplate images created to reflect and support families as they experience grief and hope during times of illness and death.

A sincere thank you to the conference volunteers, sponsors, exhibitors, presenters, donors and delegates who contributed 664 volunteer hours to make a successful conference possible.





lunch and learn Palliative Manitoba hosts educational 'Lunch and Learns' available to Palliative Manitoba volunteers and nurses within the Winnipeg Regional Health Authority (WRHA). These educational sessions assist volunteers and nurses in their daily work within the palliative care community. The 2015/16 topics included:

Using Music in Palliative Care – Ernie Dyck, WRHA Palliative Care Program
May 26, 2015 - 14 attendees

Boundaries – Alison Bodnarchuk, Clinical Nurse Specialist, WRHA Palliative Care Program
November 10, 2015 – 19 attendees

Supporting Families in Challenging Situations – Fred Nelson, Canadian Virtual Hospice
January 12, 2016 – 17 attendees

Addictions – Sheri Fandrey from Addictions Foundation of Manitoba
March 8, 2016 – 9 attendees

Each session consisted of a presentation on the topic followed by a question and answer sessions, with lunch provided by Thomson in the Park.

rural bereavement program In conjunction with three rural Regional Health Authorities in Manitoba (i.e. Prairie Mountain Health Authority, Southern Health – Santé Sud, Interlake Eastern Regional Health Authority), Palliative Manitoba acknowledged that grief and bereavement education and supports were limited in rural Manitoba communities.

In 2014, with a generous grant from the Thomas Sill Foundation, a rural bereavement project was launched. This project included workshops that provide valuable resources regarding bereavement services, education about loss, grief, and bereavement; discussions on communications strategies for people who are caring for the bereaved; the importance of maintaining excellent self-care while assisting others through the grieving process; and presentations on various means that people in rural communities can start the conversation about grief while supporting their own community members.

Mike Goldberg, Community Outreach Coordinator and Ellen Jacobs, Project Manager (Rural) presented the initial session of the Bereavement Education Services in Rural Manitoba – Building Community Capacity project at Boundary Trails Health Centre in Winkler/Morden on March 14, 2016 to a group of 20 health care providers and palliative volunteers. This program will continue into the new fiscal year.



resource centre and library Palliative Manitoba's Resource Centre and Library houses a large selection of books, videos, and pamphlets available to all Manitobans seeking support and education on loss, grief, bereavement, palliative care and end-of-life issues. Our library includes novels, poetry, support books, and children's and teen's books (including resources for parents of children dealing with loss).

student placements Palliative Manitoba is proud to provide placement opportunities for college and university students to advance their exposure and education in palliative care and bereavement issues. During the 2015/16 year, Palliative Manitoba hosted the following students:

University of Manitoba, Faculty of Social Work (January – July 2015) – The student spent 450 hours working towards her Masters in Social Work with Palliative Manitoba. Her practicum focused on supports for volunteers as caregivers. She worked closely with our volunteers both talking with them one-to-one, and participating in our volunteer support groups. The student completed the Compassionate Care Course during her practicum and then supported an end-of-life client. She remains an active volunteer with Palliative Manitoba, and is a facilitator with the Kids Grieve Too program.

University of Manitoba, Bachelor of Social Work (September 2015 – April 2016) – The student spent 420 hours with Palliative Manitoba and reviewed the framework of our Final Days/Final Hours Program. She also attended the Compassionate Care Course and helped with home visits with the Programs and Services Coordinator. She also co-facilitated the Teens Grieve Too group in spring of 2016.

University of Manitoba, Faculty of Social Sciences, Human Ecology (September – December 2015) – The student spent 60 hours with us and attended the Compassionate Care Course, Grief Seminars, Lunch and Learn and the Annual Provincial Palliative Care Conference. She also updated our Bereavement Resource Booklet.

Brandon University, Psychiatric Nursing (February – March 2016) – Two students completed their 40 hours of their community practicum as they facilitated a conversation around aging, death and dying and how culture influences our perceptions about end of life. These conversations took place at Good Neighbours Active Living Centre in Winnipeg with 15 attendees.



in the community During the past year, Palliative Manitoba has attended and presented at numerous community events. This gave us the opportunity to educate and inform community members about the work we do and palliative care incentives here in Manitoba.

- St. James 55+ Centre, April 28, 2015
- Gloria Dei Lutheran Church, April 25, 2015
- U of M's Center on Aging Spring Research Symposium, May 4, 2015
- Church of Christ, October 8, 2015
- Health Care Aide Training - Loss, Grief, Bereavement, October 22, 2015
- Manitoba Public Insurance Case Managers, November 4, 2015
- Manitoba Cancer Network AGM, November 7, 2015
- Carman Palliative Care Volunteers, November 17, 2015
- Collège Jeanne-Sauvé, December 15, 2015
- Palliative Care in Primary Care Conference, February 5, 2016

community partnerships Palliative Manitoba is proud to be a part of many local and international groups and committees dedicated to palliative care and end-of-life services. Over the last year, staff at Palliative Manitoba has been involved with the following:

- Caring for the Human Spirit Conference in San Diego (Via teleconference)
- Community Partnership Against Cancer (CPAC) Goals of Care Committee
- Grief Interagency Network (GIN)
- Long-Term Care – End-of-Life Care Working Group
- Manitoba Cancer Network
- Manitoba Caregiver's Coalition
- Spiritual Health Services Advisory Committee
- Westwood Vocational Centre
- WRHA Patient Safety Council Conference
- WRHA Palliative Rounds





volunteers

Palliative Manitoba is fortunate to have trained and worked with many amazing volunteers over the years. Our success is based on their efforts and dedication. Our programs and services rely heavily on the volunteers who support these initiatives – people who are motivated to provide life’s greatest kindness, even when it is difficult to do so. A grand total of over 4100 volunteer hours were completed in 2015/16, and we are extremely grateful to everyone who contributed to that impressive number.

awards On April 14, 2015, Palliative Manitoba Volunteer Visiting and Bereavement Volunteers were recognized for their efforts and dedication with the Premier’s Volunteer Service Award in the Community Category. These are volunteers who spend time with individuals in the community who are dealing with a life threatening illnesses, and often receiving palliative care at home. Additionally, these volunteers provide support over the telephone for people in the community who are grieving.





making a difference

Palliative Manitoba partnered with Home Instead Senior Care's 'Be a Santa to a Senior' Program which identifies seniors who might not otherwise have received gifts during the 2015 holiday season. Through this initiative, three clients in our volunteer visiting programs enjoyed an extra special holiday which would not have been possible without the Programs and Services Coordinator and volunteers from Palliative Manitoba.

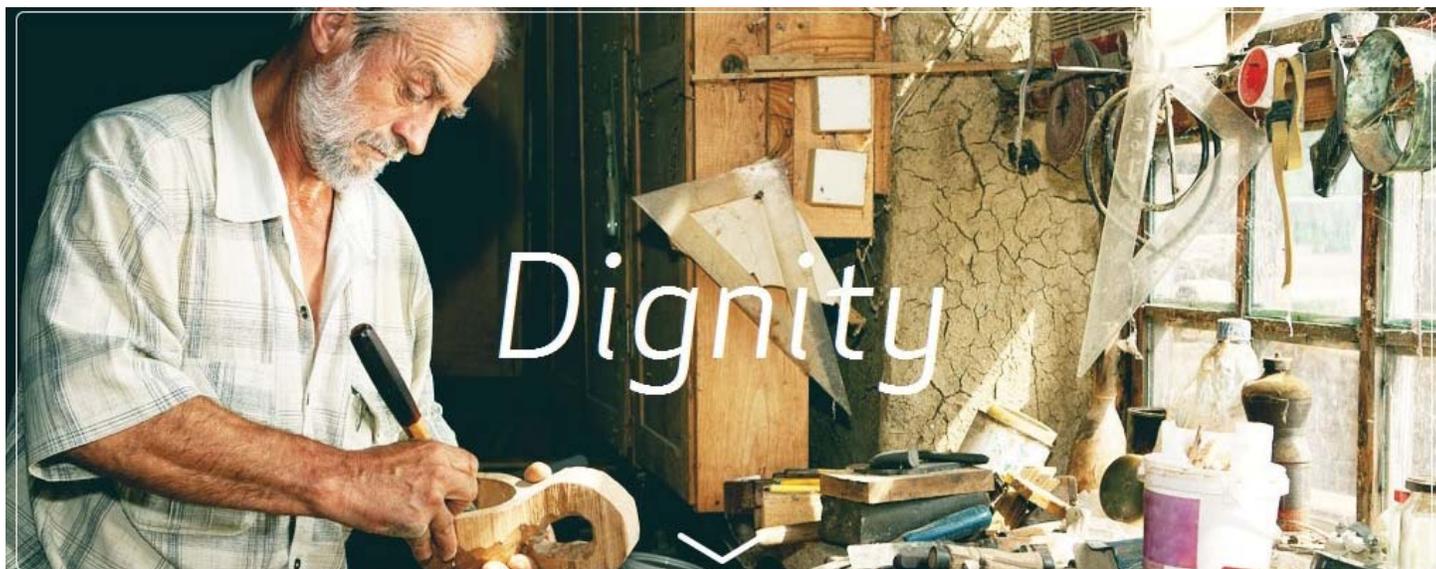
continuing education

Palliative Manitoba is dedicated to the continuing education of all our volunteers. We provide volunteers with the opportunity to develop their understanding of subjects related to palliative care. On October 26, 2015, a session entitled Enhancing the Lives of People with Dementia was offered to our volunteers in partnership with the Alzheimer Society of Manitoba.

support meetings

Palliative Manitoba offers support meetings as an opportunity to connect with other volunteers, ask questions, share ideas, talk about successes and challenges with volunteering in the palliative care field. These meetings were held on:

June 2, 2015
September 3, 2015
December 1, 2015
March 3, 2016





events

20th annual celebrate life luncheon

Friday, April 17, 2015

Delta Winnipeg

Guest Speaker Wab Kinew shared his journey through the precious time leading up to the passing of his father and how the grieving process affected him and his family, including his children. With over 200 guests, this event raised over \$26,000 to support Palliative Manitoba's Kids Grieve Too and Teens Grieve Too programs.



14th annual hike for hospice

Sunday, May 3, 2015

Shaw Park

Attendees enjoyed a beautiful sunny day and were entertained by the Khartum Komediens, Khartum Shrine Centre; Al Sadine the Caricature Artist, Bob Dann the face painter and the Lord Selkirk Robert Fraser Memorial Pipe Band. Lunch was supplied courtesy of the Winnipeg Goldeyes and there were many great prizes to be won. With 100 participants, the Manitoba Hike, in partnership with Canadian Hospice and Palliative Care Association raised over \$19,000 to support Palliative Manitoba's programs and services.

ian bos's walk for end of life care

August 18 through September 3, 2015

After losing his father Ted to cancer, Ian Bos embarked on a cross-country walk in honor of the excellent care that his Dad received at the Aberdeen Palliative Care Society.

While passing through Manitoba, he visited numerous Manitoba communities and met Lieutenant-Governor Janice Filmon, Premier Greg Selinger, Minister of Healthy Living and Seniors Deanne Crothers, Deputy Mayor of the City of Winnipeg Mike Pagtakhan, and numerous dignitaries.

Ian was also the star at a rally at Portage & Main and received considerable media coverage during his journey through Manitoba. Ian was a true inspiration to all he met and Palliative Manitoba was pleased to be a part of his journey.





2015 Sharon Carstairs Caring Community Award

The 2015 Sharon Carstairs Caring Community Award was presented to the Selkirk and District Palliative Care. Their focus was on providing educational materials about palliative care for clients (including children), families and friends is an outstanding example of a successful community-based and supported program.

The Awards Committee was very impressed with the partnership between Selkirk and District Palliative Care and Larters at St. Andrews Golf and Country Club. Their collaboration made this project possible. A certificate and cheque for \$1,000.00 was presented at the Palliative Manitoba 24th Annual Provincial Palliative Care Conference on Friday, September 18, 2015.



Joan Lawless, Development and Communications Coordinator with Palliative Manitoba and representatives from Selkirk and District Palliative Care

annual general meeting

Thursday, September 17, 2015

Embassy Room, Victoria Inn Hotel and Convention Center

Don Campbell, President of the Board of Directors was the Master of Ceremonies at this year's Annual General Meeting, with the audited financial statements presented by a representative from Booke and Partners, CA. Encompassing highlights from the last year, our Annual General Meeting is the launch for our Annual Report and an opportunity for the Board of Directors, members, staff and the general public to look back on the news and events from the past 12 months.



8th annual pub night

Thursday, January 28, 2016

Norwood Hotel

This year's Pub Night saw Corny Rempel thrill about 200 people with his incomparable rendition of Elvis Presley's songs. It was an evening of fun, food and friends.

Elvis serenading guests at pub night



fundraisers

poinsettias for the holidays

Each year as the holiday season approaches, Palliative Manitoba invites businesses, personal care homes and individuals to brighten their offices or homes by joining our annual Poinsettias for the Holidays and Christmas tree purchase fundraising campaign. In partnership with Ron Paul Greenhouses and Garden Centre, 520 poinsettias and nine holiday trees warmed the homes and offices of many great supporters of Palliative Manitoba last Christmas.

hilary druxman necklaces

In November 2015, Palliative Manitoba partnered with Hilary Druxman to design a necklace inspired by the work of Palliative Manitoba. As an integral part of Ms. Druxman's philanthropy program proceeds from the sale of each necklace will help Palliative Manitoba continue to provide compassionate, helpful, leading-edge programs and services to individuals and their families in the community.



During the first two months of this fundraiser, 134 necklaces were sold.

art cards

In the spring of 2015, local artist and palliative care nurse Naomi Gerrard generously donated images of her artwork to be used in the creation of beautiful art cards. The cards were packaged in bundles of seven and sold for \$20.00 each at Palliative Manitoba events and in the office. The project was both a fundraiser and opportunity to spread awareness of hospice and palliative care.



Camp Fire Comfort



Butterfly Power



Prairie Family Dance



Catching the Wind



Swinging High



Summer Days in the Prairies



Rainy Days



grants

the winnipeg foundation This Professional Development Grant enabled two staff to attend the Canadian Hospice and Palliative Care Association Conference in Ottawa from October 28 to November 1, 2015.

thomas sill foundation This generous grant helped launch the rural bereavement project, included workshops that provide valuable resources regarding bereavement services, education about loss, grief, and bereavement; discussions on communications strategies for people who are caring for the bereaved; the importance of maintaining excellent self-care while assisting others through the grieving process; and presentations on various means that people in rural communities can start the conversation about grief while supporting their own community members.

the lazarus foundation This three year commitment from the Lazarus Foundation provides support for volunteers including educational opportunities, support groups and even social gatherings.

grand 'n toy A Grand 'n Toy employee who volunteers for Palliative Manitoba was awarded a charity of choice fund - this year the volunteer allocated those funds towards the purchase of a new Memory Tree in the near future, this will ensure that the Memory Tree continues for years to come.

professional development

Palliative Manitoba recognizes the importance of having staff that are connected to the community and the latest breakthroughs in palliative care and end-of-life. With that, the staff has continued to learn and bring that knowledge back to Palliative Manitoba.

Mike Goldberg, Community Outreach Coordinator attended the 'Aboriginal Cultures Awareness' workshop on September 1 and 2, 2015 and the 'Aboriginal Perspectives on End of Life' workshop on October 14, 2015 both facilitated by WRHA Aboriginal Health Programs.

Kelly Kluger, Manager, Volunteer and Program Services and Jackie Bouvier, Conference Coordinator attended the Canadian Hospice and Palliative Care Association Conference in Ottawa from October 28 to November 1, 2015. This was made possible by the Winnipeg Foundation's Professional Development Grant.

Kelly Kluger, Manager, Volunteer and Program Services attended the 2015 Manitoba Association for Volunteer Administration (MAVA) Conference with a focus on volunteer management.

Kelly Kluger, Acting Executive Director began a 15 month HR Community of Practice through the United Way of Winnipeg. This opportunity explores human resources issues and challenges, peer support and networking and skill building as well as sessions on leadership, recruitment, coaching and performance reviews. She began in September 2015 and is scheduled to complete the course in January 2017.

Ian Scott, Programs and Services Coordinator and Heather Peterson, Practicum Student attended "Cases and Issues", an educational series at CancerCare Manitoba, on November 25, 2015 and January 27, 2016.

Mike Goldberg, Community Outreach Coordinator and Jackie Bouvier, Conference Coordinator completed SafeTALK's Suicide Alertness for Everyone training on January 19, 2016.

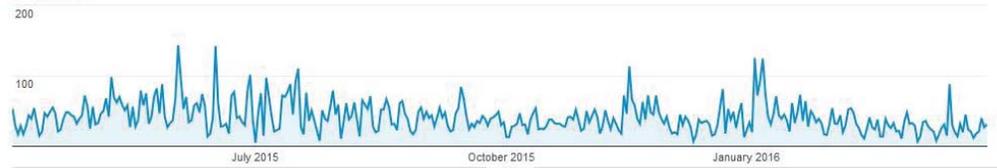
social media



website

Palliative Manitoba's new website palliativemanitoba.ca was launched in March 2015, following our rebranding.

During the 2015/16 fiscal year, 15,275 people visited the site, viewing over 40,000 pages and learning about the programs and services offered. This site is always changing with new information and resources being added continually.



facebook

Palliative Manitoba went from 331 (April 1, 2015) people liking and following us on Facebook to 546 by the end of the fiscal year (March 31, 2016). This is a great resource to share upcoming events, seminar details and disseminate palliative care news from around the world.



twitter

Palliative Manitoba joined the twitterverse this past year and already has 459 followers by the end of the fiscal year (March 31, 2016). We share up-to-date palliative care news in under 140 characters. Follow us at [@PalliativeMB](https://twitter.com/PalliativeMB) #palliativecare #grief #volunteers



newsletter

What originated in the early 1990s as a hard copy mail-out titled the "Hospice Companion", the Palliative Manitoba E-newsletter has become an important means of engaging and informing the community. With over 2700 current subscribers, the newsletter is sent out 10 times per year and provides information on upcoming seminars, fundraising events, community initiatives and important information about palliative care.



in the media

CJOB interview April 13, 2015 – Kelly Kluger and volunteer, Hans Lodewyks were interviewed on CJOB with Dahlia Kurtz talking about to the Premier’s Volunteer Service Award in the Community Category. Palliative Manitoba was presented with the award on April 14, 2015 by Premier Greg Selinger.



10/26/2015 Volunteers helping patients ease their final days on Earth - Winnipeg Free Press

Winnipeg Free Press

Local

Volunteers helping patients ease their final days on Earth

By Jessica Bostelo-Urbanski
Posted: 10/26/2015 5:50 AM |



When people near the end of their lives, Irvine Hildebrand helps them knock items off their bucket list.

Hildebrand, 73, has volunteered with Palliative Manitoba since 1997, helping terminally ill people live their final days comfortably, whether in home or in hospital.

He's been reached with more than 25 people over the years and helped them accomplish things others might consider mundane, such as going for lunch at a food court.

"Another chap I remember, we would go out just about on every visit... we would take off to a shopping centre, St. Vital Centre or Polo Park or somewhere for lunch. His background was that he'd been in sales and he wanted to see what the customers were still doing in the stores. It was as if he'd gone back to work. He just loved it," Hildebrand remembered.

He told another touching story about a man he took care of who wanted to visit his wife in her personal-care home. She had Alzheimer's.

"They just sat there together holding hands," Hildebrand said. "They sat the same way and I swear they never spoke two words that whole afternoon. But going home, he couldn't stop thanking me for that phenomenal visit he had."

Helping people fulfill small wishes such as these has also been rewarding for Hildebrand.

He started volunteering with Palliative Manitoba after he retired and was looking for a new purpose.

The sad reality is many people don't make time for caring for the ailing or elderly anymore. Hildebrand said. So now he has time to lend a hand, he does so regularly.

"That's the main reason we got involved. Family just doesn't have the time. It's not that they don't want to (care for their relative). In North American society now, the priority is work," Hildebrand said.

Palliative Manitoba also offers bereavement services, on top of one-to-one care where volunteers are matched with patients to visit.

The organization keeps afloat thanks to donations from United Way Winnipeg, the Winnipeg Regional Health Authority and fundraising efforts, notably the Memory Tree placed at St. Vital Shopping Centre during the holidays.

United Way has provided core funding to Palliative Manitoba since 1992 and, through agencies like this one, helps to help thousands of more Winnipeggers struggling with unexpected tragedy, disability, or physical and mental-health issues.

Hildebrand will help with the Memory Tree starting next month. He's also waiting for a new person to start visiting -- his last companion died a few weeks ago.

He's ready to listen and visit again. It's the best gift he -- or anyone -- can provide someone in their final days, he said.

If you would like to donate to Palliative Manitoba through United Way Winnipeg, visit www.unitywaywinnipeg.mb.ca or call 204-477-4UNWAY (8299).

Volunteers helping patients ease their final days on Earth – October 24, 2015. In this article a Winnipeg Free Press reporter interviewed Irvine Hildebrand, a volunteer since 1997. Irvine spoke about supporting more than 25 individuals and their families during his volunteer service with Palliative Manitoba.

JUNE 2015 • PAGE 6

SUPPORTING LOVED ONES GRIEF SEMINARS HELP BEREAVED FAMILIES COPE

By Holly Moncrieff
For the Free Press

Grief doesn't stop once the memorial service is over. Unfortunately, that's when families often feel the most alone.

Hospice and Palliative Care Manitoba partners with local funeral shops to offer grief seminars for families who are struggling to adjust to life without their loved ones. "When people go through the planning of a funeral or memorial service, it's a very busy time and a very overwhelming time. People need these tasks in order to get through the first days and weeks, and often they are in shock," says Karen Leggat, owner of Crovo Funeral Chapel, one of the Winnipeg funeral homes that hosts free grief seminars.

"People don't know what to say anymore, so they avoid the people who are grieving."

Crovo holds grief seminars on different topics each month, except July and August. Leggat says it's important for families to hear that the emotions they are experiencing are normal.

"We offer our seminars in a supportive, non-threatening environment. We bring in speakers who are able to provide some information, and it's OK to just sit and listen," she adds. "As the shock begins to wear off, there's strength in knowing that you're not alone."

Anyone is welcome to attend the grief seminars, whether they used Crovo Funeral Chapel or not. Attendees are welcome to ask questions and can be connected to other resources.

"Our grief seminars are a very important part of the work that we do. The death of a loved one is one of the most life-altering experiences people will have," Leggat says. "In general, our society doesn't do grief well. When people are at their lowest and need the most support, that's often when

they don't have support -- it can be a very lonely experience. If we can make a difference in helping people not feel so alone, that's very impactful."

Telephone support is also available through Hospice and Palliative Care Manitoba. Trained volunteers will call once a week or less, depending on the wishes of the family.

"The volunteers will provide support and ask questions. We're there to help comfort people through the grief experience," says Ian Scott, program services coordinator for Hospice and Palliative Care Manitoba. "There's really no timetable for grief or a right or wrong way to grieve, and there's no magic cure. Having a companion through the journey can be very helpful."

Grief support groups are available for kids and teens as well. Kids Grieve Too, which is a program for children ages nine through 12, will be held in October and November. Teens Grieve Too, for ages 13 to 17, will be held next February. These support groups are held at the same time as similar groups for parents and caregivers, so everyone in the family can receive help.

"We cover a whole range of topics and bring in speakers from all sorts of organizations. The feedback is generally quite positive. People find it useful to listen to someone and to reflect," Scott says. "It helps them process some difficult thoughts and feelings, and they end up connecting with others at the grief seminars."

The next grief seminar will be held at Chapel Lawn Memorial Gardens and Funeral Home on July 21 at noon. The seminar



Crovo Funeral Chapel hosts many grief seminars.

Photo by Corey Finley

is expected to last an hour, and the topic is Anniversaries and Milestones in Grief.

Seminars will resume after the summer at Crovo on Sept. 9, when there will be a session from 7 p.m. to 9 p.m. The topic is, Am I Going Crazy?

"Grief is a natural response to the loss of someone you love, and the emotions people are going through are very normal," says Leggat. "You can get connected to one-on-one counselling and other resources at the seminars."

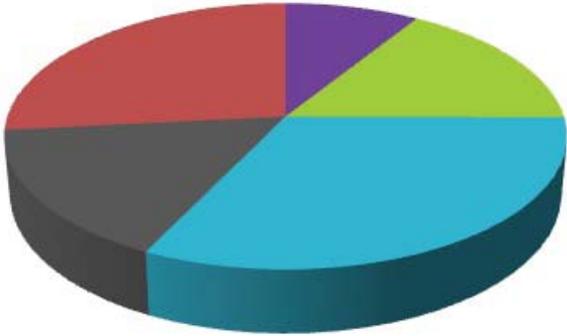
For more information about bereavement-support programs offered by Hospice and Palliative Care Manitoba, visit www.palliativemanitoba.ca.

Ian Scott, Programs and Services Coordinator was interviewed by the Winnipeg Free Press on June 1, 2015 regarding services and programs Palliative Manitoba offers. This interview became part of the Winnipeg Free Press supplement published annually titled "Final Arrangements". This supplement focuses on funeral arrangements and grief following loss.



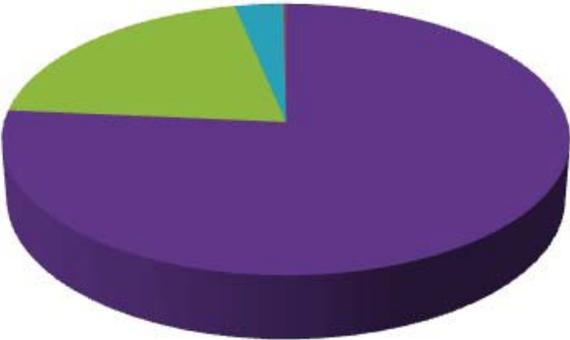
financials at a glance

revenue



Received Donations	\$46,352	9%
Non-Received Donations	\$84,143	16%
Gifts from other Charities	\$166,944	32%
Government Funding	\$84,336	16%
All Other Revenue	\$138,566	27%
	\$520,341	

expenses



Charitable Program	\$445,143	77%
Management and Administration	\$118,218	20%
Fundraising	\$18,135	3%
Gifts to other Registered Charities and Qualified Donees	\$1,000	0%
	\$582,496	



Winnipeg Regional Health Authority
 Office régional de la santé de Winnipeg
*Caring for Health
 À l'écoute de notre santé*



PROUD PARTNER OF
United Way
 For a Better Winnipeg

Independent Auditors' Report

To the Members of
Manitoba Hospice Foundation Inc.

We have audited the accompanying financial statements of Manitoba Hospice Foundation Inc., which comprise the statement of financial position as at March 31, 2016, and the statements of operations, changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial statements present fairly, in all material respects, the financial position of Manitoba Hospice Foundation Inc. as at March 31, 2016, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

A handwritten signature in blue ink that reads "Booke & Partners".

Winnipeg, Canada
September 12, 2016

Chartered Professional Accountants

Manitoba Hospice Foundation Inc.
Statement of Operations

Year ended March 31

2016

2015

	2016	2015
Revenues		
Grants (Note 10)	\$ 251,280	\$ 259,886
Provincial Conference (Page 11)	119,490	158,718
Fundraising	63,398	84,365
Donations	47,694	83,221
Bequests	20,969	97
Education revenue	9,575	6,785
Amortization of deferred contributions (Note 7)	3,764	1,882
Investment	2,281	8,300
Memberships	1,890	2,510
	<u>520,341</u>	<u>605,764</u>
Expenditures		
Advertising and rebranding	1,959	61,552
Amortization	3,764	1,882
Automobile and travel	2,781	3,033
Equipment and furnishings	17,715	14,943
Fundraising	16,704	31,785
Insurance	2,107	1,699
Interest and bank charges	3,942	2,547
Meetings and seminars	1,114	9,229
Memberships, association fees and subscriptions	353	1,324
Miscellaneous	6,422	6,263
Newsletter	-	802
Office supplies and postage	10,272	11,358
Program	6,954	6,470
Professional development	3,690	4,480
Professional fees	18,887	6,755
Provincial Conference (Page 11)	98,623	124,451
Rent	1,661	1,984
Contract wages	32,947	16,581
Salaries and employee benefits	349,369	364,420
Telephone	2,577	1,676
Training and reference materials	-	319
Volunteer support costs	655	877
	<u>582,496</u>	<u>674,430</u>
Deficiency of revenues over expenditures	<u>\$ (62,155)</u>	<u>\$ (68,666)</u>

See accompanying notes to the financial statements.

Manitoba Hospice Foundation Inc.
Statement of Changes in Net Assets

Year ended March 31

	Unrestricted	Internally restricted (Note 8)	Externally restricted	Total 2016	Total 2015
Net assets, beginning of year	\$ (41,457)	\$ 161,544	\$ 998	\$ 121,085	\$ 189,751
(Deficiency) excess of revenues over expenditures	(64,400)	2,057	188	(62,155)	(68,666)
Transfer of net assets (Note 8)	110,000	(110,000)	-	-	-
Net assets, end of year	\$ 4,143	\$ 53,601	\$ 1,186	\$ 58,930	\$ 121,085

See accompanying notes to the financial statements.

Manitoba Hospice Foundation Inc.
Statement of Financial Position

March 31

2016

2015

Assets

Current

Cash	\$ 54,646	\$ 28,198
Short-term investments (Note 3)	83,550	192,869
Receivables (Note 4)	3,132	13,443
Prepaid expenses	1,683	3,724

Property - website (Note 5)	143,011	238,234
	<u>20,704</u>	<u>24,468</u>

	<u>\$ 163,715</u>	<u>\$ 262,702</u>
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Liabilities

Current

Payables and accruals	\$ 37,628	\$ 70,966
Deferred revenue	17,690	15,820
Deferred contributions (Note 6)	28,763	30,363

Deferred contributions for website (Note 7)	84,081	117,149
	<u>20,704</u>	<u>24,468</u>

	<u>104,785</u>	<u>141,617</u>
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Net Assets

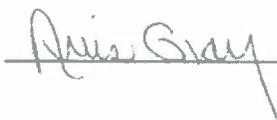
Unrestricted	4,143	(41,457)
Internally restricted (Note 8)	53,601	161,544
Externally restricted	1,186	998

	<u>58,930</u>	<u>121,085</u>
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	<u>\$ 163,715</u>	<u>\$ 262,702</u>
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Commitments (Note 9)

Approved by the Board



Member



Member

See accompanying notes to the financial statements.

Manitoba Hospice Foundation Inc.
Statement of Cash Flows

Year ended March 31

2016

2015

Cash provided by (used for):

Operating

Deficiency of revenues over expenditures	\$ (62,155)	\$ (68,666)
Amortization	3,764	1,882
Amortization of deferred contributions for website	<u>(3,764)</u>	<u>(1,882)</u>

(62,155) (68,666)

Change in non-cash operating working capital items

Receivables	10,311	11,206
Prepaid expenses	2,041	4,234
Payables and accruals	(33,338)	43,156
Deferred revenue	1,870	(25,112)
Deferred contributions	<u>(1,600)</u>	<u>(47,160)</u>

(82,871) (82,342)

Financing

Contribution for website	<u>-</u>	<u>26,350</u>
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Investing

Purchase of property - website	-	(26,350)
Purchase of short-term investments	(2,281)	(56,906)
Proceeds on disposal of short-term investments	<u>111,600</u>	<u>94,284</u>

109,319 11,028

Net increase (decrease) in cash

26,448 (44,964)

Cash

Beginning of year	<u>28,198</u>	<u>73,162</u>
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End of year	<u>\$ 54,646</u>	<u>\$ 28,198</u>
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See accompanying notes to the financial statements.

Manitoba Hospice Foundation Inc.
Notes to the Financial Statements
March 31, 2016

1. Nature of operations

Manitoba Hospice Foundation Inc. (the Foundation) is a registered charitable organization under the Income Tax Act (Canada) which champions the development of hospice palliative care for the people of Manitoba. The Foundation is exempt from tax under Section 149 of the Income Tax Act.

2. Significant accounting policies

These financial statements are prepared in accordance with Canadian accounting standards for not-for-profit organizations. The significant accounting policies used are detailed as follows:

(a) Short-term investments

Short-term investments are comprised of fixed income securities. Fixed income securities are initially recognized and subsequently measured at fair value. The fixed income securities consist of corporate debt securities. Fair value is estimated using quoted market prices. Purchases and sales of investments are recognized using settlement date accounting. Changes in fair value are included in excess of revenues over expenses. Cumulative changes are recognized in excess of revenue over expenses when gains and losses are realized through disposition.

(b) Property - website

Property is recorded at cost and is being amortized over its estimated useful life on the following basis. The annual amortization rate and method is as follows:

Website	7 years Straight-line
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(c) Revenue recognition

The Foundation follows the deferral method of accounting for contributions. Restricted revenues are recognized as revenue in the year in which the related expenditures are incurred. Unrestricted revenues, comprised of grants, donations, and bequests, are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably certain.

Fundraising, education and provincial conference revenue are recognized when the event is held.

Investment revenue is recognized as it is accrued on the individual investments and is allocated to the related net asset balances.

2. Significant accounting policies - continued

(d) Accounting estimates

The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amount of revenues and expenses during the reported period. These estimates are reviewed periodically and are reported in earnings in the period in which they become known. Actual results could differ from these estimates.

(e) Financial instruments

It is management's opinion that the Foundation is not exposed to significant credit, currency, interest rate, liquidity, market or price risks arising from its financial instruments.

(f) Contributed services

Volunteers contribute a significant amount of their time each year. Because of the difficulty of determining the fair value, contributed services are not recognized in these financial statements.

(g) Allocation of expenses

The Foundation classifies its expenditures between general program and Provincial Conference and allocates certain expenditures from the general program to the Provincial Conference.

Salaries and employee benefits and contract services expenditures are allocated based on the proportionate amount of time spent on activities of the conference. Interest and bank charges, office supplies, postage and printing, telephone, professional fees, insurance, information system and rent expenditures are allocated at various rates according to the Foundation's internal policy.

Manitoba Hospice Foundation Inc.
Notes to the Financial Statements
 March 31, 2016

3. Short-term investments

The short-term investments are earmarked as follows:

	<u>2016</u>	<u>2015</u>
Internally restricted (Note 8)	\$ 53,601	\$ 161,544
Sharon Carstairs Caring Community Award Fund (Note 6)	<u>29,949</u>	<u>31,325</u>
	<u>\$ 83,550</u>	<u>\$ 192,869</u>

4. Receivables

	<u>2016</u>	<u>2015</u>
Grants receivable	\$ -	\$ 3,500
Public Service Bodies' rebate	<u>3,132</u>	<u>9,943</u>
	<u>\$ 3,132</u>	<u>\$ 13,443</u>

5. Property - website

	<u>Cost</u>	<u>Accumulated amortization</u>	<u>2016 Net Book Value</u>	<u>2015 Net Book Value</u>
Website	<u>\$ 26,350</u>	<u>\$ 5,646</u>	<u>\$ 20,704</u>	<u>\$ 24,468</u>

Manitoba Hospice Foundation Inc.
Notes to the Financial Statements
 March 31, 2016

6. Deferred contributions

Shirley Twerdun Memorial Fund

During 2008, the Foundation received the initial contribution to the fund in memory of Mary and Helen Maskiw. The specific purpose of the fund was to support programs for adults with life-limiting conditions and their caregivers for as long as the funds were available. During the prior year, the Board received approval to use these funds towards the re-branding strategy. As a result, the related externally restricted net asset balance was transferred to unrestricted net assets.

Sharon Carstairs Caring Community Award Fund

During 2012, the Foundation established the Sharon Carstairs Caring Community Award fund to help promote awareness of palliative and end of life care and to financially assist a Manitoba-based organization in providing this care and service. The annual award will be \$1,000. Investment income earned from the short-term investments restricted for the Sharon Carstairs Community Award is allocated to the externally restricted net asset balance.

Changes in the deferred contributions are as follows:

	<u>2016</u>	<u>2015</u>
<u>Shirley Twerdun Memorial Fund</u>		
Balance, beginning of year	\$ -	\$ 47,096
Contributions	-	11,607
Recognized as revenue	-	(32,353)
Transferred to deferred contributions for capital assets	-	(26,350)
	<u>-</u>	<u>-</u>
<u>Sharon Carstairs Caring Community Award Fund</u>		
Balance, beginning of year	30,363	30,427
Contributions	-	970
Recognized as revenue	<u>(1,600)</u>	<u>(1,034)</u>
	<u>28,763</u>	<u>30,363</u>
	<u>\$ 28,763</u>	<u>\$ 30,363</u>

Manitoba Hospice Foundation Inc.
Notes to the Financial StatementsMarch 31, 2016

7. Deferred contributions for website

Deferred contributions for website relates to funding received toward the purchase of the website and is being amortized on the same basis as that asset. \$3,764 (2015 - \$1,882) of deferred contributions were amortized and included in revenues during the year.

8. Internally restricted net assets

The Foundation's Board has the discretion to internally restrict resources from the accumulated unrestricted net assets of the Foundation for future activities. During the year, the Board authorized the use of \$110,000 of resources that were previously internally restricted to fund operations. The Board has internally restricted \$53,601 (2015 - \$161,544) of the Foundation's resources.

9. Commitments

The Foundation leases various office equipment with terms extending to April 2020. Lease payments required over the next four years are as follows:

2017	\$	5,520
2018		5,520
2019		5,520
2020		<u>460</u>
	\$	<u>17,020</u>

Office space is leased on a monthly basis at an annual cost of \$2,215.

10. Grants

	<u>2016</u>	<u>2015</u>
United Way of Winnipeg	\$ 147,444	\$ 147,974
Winnipeg Regional Health Authority	84,336	84,336
T. Sill Foundation	16,500	16,500
Winnipeg Foundation	2,000	3,000
The Lazarus Foundation	1,000	-
Paterson Foundation	-	5,000
Manitoba Community Services Council	-	2,000
Human Resources Development Canada	-	616
Other	-	<u>460</u>
	<u>\$ 251,280</u>	<u>\$ 259,886</u>

Manitoba Hospice Foundation Inc.
Schedule of Provincial Conference

Year ended March 31

	2016	2015
Revenues		
Registrations	\$ 96,126	\$ 107,943
Sponsorships	17,000	35,000
Exhibits	5,750	4,750
Advertising	580	540
Donations	34	1,553
Human Resources Development Canada grant	-	5,544
Auction	-	2,168
Toonie draw	-	954
Miscellaneous	-	266
	<u>119,490</u>	<u>158,718</u>
Expenditures		
Advertising	-	2,829
Automobile	-	39
Contract services	2,020	4,058
Facility equipment rental	51,957	62,215
Fundraising	1,431	144
Honourarium	-	100
Insurance	-	479
Interest and bank charges	622	1,091
Miscellaneous	-	45
Office supplies, postage & printing	2,929	5,430
Professional fees	1,301	1,170
Rent	146	600
Salaries and employee benefits	37,027	44,005
Telephone	190	1,141
Volunteer support	1,000	1,105
	<u>98,623</u>	<u>124,451</u>
Excess of revenues over expenditures	<u>\$ 20,867</u>	<u>\$ 34,267</u>

See accompanying notes to the financial statements.

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